Nebido

We give life a chance

Caroline Sjövall, SSF 2017

Vision

During the game I want the players to get the feeling of routine bound dehumanization in a world where money means more than life. The men at Nebido are no longer humans with feelings, dreams and a cultural connection. Their human value are breached, they are now sperm producing machines. I want the men to end up like wild animals in an institution.
My vision with this game is to make something like the Handmaid's Tale but for men and hopefully also become an eye opener to today's industry of surrogate motherhood in the world.

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Game Construction

The game is divided into four parts.
Part one The arrival.
Part two The emotions.
Part three The physical phase.
Part four The crazy phase.

Every part is a one day glimpse in every fourth month during the men's year at Nebido. The days are compressed, depending on how many players you have fifteen players they might play for 45 minutes five players maybe 30 minutes. The days are meant to be monotonous and slow. Use the same time span in every part of the game and use the same music. The nights are compressed into five minutes.
At the end of every part of the game the men will go to bed and at the start of part two summer, three autumn and four winter, they will wake up.
When they wake up the next part of the game begins. The daily routines starts all over again, medication, a new side effect show up, meals, physical training etc. The relations between the men and side effects of their treatment will escalate through the parts.

Part one The arrival

Gamemaster starts the playlist for the day.
The men have signed in and give the employe their application form.
They will be welcomed and shown around the facilities.
They will be instructed about the routines at Nebido.
They will get their first injection, medicine and a meal.
They will produce a cup of sperm.
The men goes to bed and gamemaster puts on the “night music”.

Part two The emotions

The men wakes up.Gamemaster starts the playlist for the day.
All players take a slip of paper with a negative side effect on.
Then they will have an health examination. Get their injection, their medicine and a meal.
They will produce a cup of sperm.
The men goes to bed and gamemaster puts on the “night music”.

Part three The physical phase

The men wakes up. Gamemaster starts the playlist for the day.
All players take a slip of paper with a negative side effect on and add it to the first one from part two.T
hen they will have an health examination. Get their injection, their medicine and a meal.
They will produce a cup of sperm.
The men goes to bed and gamemaster puts on the “night music”.

Part four The crazy phase

The men wakes up. Gamemaster starts the playlist for the day.
All players take a slip of paper with a negative side effect on and add it to the once from part two and three. .
Then they will have an health examination. Get their injection, their medicine and a meal.
They will produce a cup of sperm.
The men goes to bed and gamemaster puts on the night music.

The end

During the night melody the game master reads:

“We are so grateful to our little miracle who is finally with us”

“She is our little sunshine. This is the greatest gift in life.”

“Our earnest thank you to the men that made this possible. Without our surrogate fathers we wouldn´t be a family today.”

Our story could follow the men home as they return to family and friends.
Will the side effects pass over?
Will they be the same men that they used to be?
The money that they have earned, will it bring them happiness?
We don't know and We at Nebido do not care.

Music

Play the exact same songs every day, you can choose whatever you want like lounge music or something else soft and quietly. Play the same song during the four nights.

Gamemasters part in the game

The gamemaster plays the part of a Nebido employe.
You will instruct the men about Nebidos routines and facilities in the beginning of part one Spring. The arrival.
The players will probably ask you a lot of questions, ask you to do things, come to you with needs and other things. What they have in the game is what they get. No extra tv-channels or movies, no more food, if you can't answer a question just say that you will ask your superior for the answer (but they never do).
You as a game master are free to give the players outside-world inputs via text messages from their relatives and friends, but make sure they don't get stressed, stress is bad for their sperm production.

Blackbox construction

*Dining space (Tables and chairs)
*Dormitory (Blankets, pillows)
*The donation room (Plastic cups, black marker pen, porn)
*The Lounge (couches, deck of cards, dumbbells, skipping rope, books for example, games)
*Examination room (something sharp to sting the player in the upper arm with, patches, scale, blood pressure instrument)
*Outside (some chairs with a lamp above or outside if possible)

Give the players as much or as little “propps” as you will.

Routines

- Everyday the men takes medication.
- Everyday health examination and injection.
- The men will have to be outside for 15 minutes to sunbath.
- Everyday the men will be served a meal.

Everyday medicine

Use candy, small pieces of dried fruit or empty capsules or what you find best.
1 pill with Zink+Folsyra (Zinc + folic acid)
1 pill with magnesium,
1 pill with B-vitamin
1 shot of Tiggarnöt (Bindii)

Everyday routine in the examination room

Intramuscular injection with Nebido (testosterone).
Weighing. Blood pressure. Pulse control for example. Ask about how they feel physically. Be impersonal.

Everyday meal

I gave the men one egg and some cashewnuts every part of the game. And one cup of coffee. Egg, butter, meat, fish, nuts, berries are things that increases the viability of the sperm. Maximum one cup of coffee a day, we don´t want the sperm production to be affected by caffeine. Serve the same thing every part of the game. Let it be dull and tasteless.

Contact with the outside world

Put post-its and pen for the men to write sms to their loved ones during their stay at Nebido. The post-its are then given to the Nebido Employe who will send it. You as a gamemaster determines if, what and when the relatives return. Write down the answer and deliver it to the player when it's opportuned.

Side effects

Every morning when the men wakes up they have gained a side effect of their medication. They will pick one side effect-note, read it and start experience it, act on it, feel it directly or during that part of the game. The next period they take another one and add it to the earlier one/once. The side effect can be opposites or contradictory. The player then decides for herself which side effect to play on or embrace them both and make a fun game out of them.

Violence and sex

Let the players themselves have a moment to talk about how they like to play on violence and sex.

Death

Some of the players might die during the game. They will die in their sleep. Let the players react to their dead companion then pick the player up at let her sit down to watch the game or leave the room.
The player can commit suicide if they want and it´s ok if they happen to kill each other.

After the game

Depending on how many players you are and how the game design itself, choose some kind of debrief that you find suitable. Sit in a circle, say something that you experienced as rememberable during the game, mention a good scene, three words about how you feel. Ask the players if they ever have thought about surrogate parenthood. No need for political discussions. I´m satisfied if Nebido just give people the eye opener as my vision intended.

Player information before the game starts

In the year 2020, men are no longer fertile.

You will play a group of men that choose to be contracted with Nebido to produce a large amount of child developing sperm during a period of one year.
Your compensation for this year at Nebido is SEK 1 500 000. For you, this is a huge amount of money.

The isolation and the intense medication will give you side effects that you didn't know about. Some of you may even die on your way to give life a chance.

Time schedule

The game is divided into four parts.
Part one The arrival.

Part two The emotions.

Part three The physical phase.

Part four The crazy phase.

Every part is a one day glimpse during your year at Nebido.

At the end of the parts you will go to bed. When you wake up the next part of the game begins and four months have passed.
The days are compressed into approximately 30-45 minutes and the nights are compressed into five minutes.

Side effects

Every morning when the men wakes up They have gained a side effect. You will pick one side effect-note, read it and start experience it, act on it, feel it directly or during the part. The next period you will take another one and add it to the earlier one/once. The side effect can be opposites or contradictory. The player then decides for herself which side effect to play on or embrace them both and make a fun game out of them.

Game rules

The men are free to intermit their participation at any time. Your reason can be off-game och in-game. Please just tell the game master.

The men can not escape from Nebido.

The men will not kill or hurt the Nebido staff.

Violence and sex

Your characters might feel the need be violent or to have sex. How would you like to form the rules around that?

Death

Some of the men might die during the game.

It´s ok to commit suicide and it´s ok to kill each other.

After the game

We will have a short debrief after the game together.

Side effects

Cut them out. Put them upside down or in a cup so that the players can pick one each at the start of part two, three and four.

Side effects part one The arrival

The players will not yet gained any side effects

Side effects part two The emotions

Ingen biverkan - No side effect

Ingen biverkan - No side effect

Aggressivitet - Aggressiveness

Känslomässig störning - Emotional derangement

Illamående - Nausea

Nikotin abstinens - Nicotine abstinence

Irritation

Ihållande sexuell upphetsning - Constant sexual excitement

Hemlängtan - Homesickness

Nervositet - Nervousness

Ökad aptit - Increased appetite

Hävda dig - Be self-assertive

Rastlöshet - Restlessness

Extrem känsla för rättvisa - Immoderate sense of justice

Ökad aptit - Increased appetite

Depression

Irritation

Nervositet - Nervousness

Side effects part three The physical phase

Hävda ditt revir - Claim your territorium

Ihållande erektion - Continuous erection

Kissa ofta - Pee often

Ihållande sexuell upphetsning - Constant sexual excitement

Ihållande kampvilja - Constant militancy

Svårt att kissa - Hard to pee

Aggressivitet - Aggressiveness

Hosta - Cough

Aggressivitet - Aggressiveness

Trötthet - Fatigue

Sömnapné med dödlig utgång under natten - Sleep apnea with deadly upshot during the night

Buksmärta - Abdominal pain

Känselbortfall - Numbness

Konstant hunger - Constant hunger

Sömnapné med dödlig utgång under natten - Sleep apnea with deadly upshot during the night

Diffus generell smärta - Fuzzy general pain

Klåda - Itching

Migrän - Migraine

Side effects Part four The crazy phase

Starkt behov av fortplantning- Intensive need to propagate

Smärta i skelettet - Skeleton pain

Svårt att gå - Hard to walk

Starta ständigt slagsmål - Constantly start fights

Du tappar rösten - Drop the voice

Raseriutbrott - fury

Starkt behov av att vara alfahannen - Intense need to be the Alpha male

Epilepsi - Epilepsy

Aggressivitet - Aggressiveness

Trötthet - Fatigue

Grandios personlighet -Grandiose personality

Kontrollbehov -Checking needs

Överbeskyddande - Over protective

Känselbortfall - Numbness

Intensiv Diffus smärta - Intensive Fuzzy pain

Konstant andfåddhet - Constant breathless

Rosslig andning - Wheezy respiration

Bröstsmärta - Chest pain

Facility instructions

Print and place next to the current “propp”.

Placed by the remote control

Dear participant at Nebido

Feel free to watch a movie at our widescreen Tv.
There are 20 suitable movies for you to choose from.
Since stress is no good for Your sperm production, we will offer You no movies that can arouse You. Neither will You be able to watch current outside news because of the mental impact that may have one you and therefor your sperm quality.

Have a nice movietime!

Best regards
Nebido -We give life a chance

Placed by the Post-its

Dear participant at Nebido

Since electronic devices can affect Your sperm quality, we at Nebido are more than happy to help You contact Your loved ones during Your stay.

Please write down your message and hand it to any of the Nebido employees and we will text it for You immediately.

Best regards
Nebido -We give life a chance

In the donating room

Dear participant at Nebido

Clean Your hand and Your penis before filling up the cup with sperm.
Try to produce as large amount of semen as possible.
Name Your cup and place it on the shelf, a Nebido employee will collect it urgently.
Show regards to the next man in line. Don't take to long You can always come back later.
If you need any support don't hesitate to contact any of the Nebido employees.

Best regards
Nebido -We give life a chance

As a poster at one or more places in the room

Dear participant at Nebido

Have you today

Got your 6,5 hour sleep last night?

Got Your injection?

Taken Your medicine?

Performed a pulse pounding activity for at least 15-30 seconds at five times?

Sunbathed outside for 15 minutes?

Avoided stress?

Best regards

Nebido -We give life a chance

Characters

Hand the roles out or put them on a table and let the players pick one.

Name: Jonathan
Age: 19
Relatives: Internet girlfriend
Mental Health: Good
Physical health: Pale
Education: Elementary school
Employment: Computer support
Other: Is a trans woman, need money to medicine and operation

Name: Lukas
Age: 38
Relatives: Brother Hans
Mental health: Troublesome OCD
Physical health: Reduced hearing on both ears
Education: Elementary school
Employment: Instructor at mechanical manufacture corporation
Other: Sexually abused during youth

Name: Andreas
Age: 36
Relatives: Wife Josefin
Mental health: PTSD
Physical health: Good
Education: NCO
Employment: Government employee
Other: Served the army abroad for four years.

Name: Hannes
Age: 70
Relatives: Wife Kerstin
Mental health: Nothing to remark
Physical health: Nothing to remark
Education: Elementary school
Employment: Janitor
Other: Fourth time at Nebido. Good result every sign up.

Name: Stefan
Age: 38
Relatives: Friend Jonathan
Mental health: Times of depression.
Physical health: Good
Education: Priest
Employment: None
Other: Homeless

Name: Tim
Age: 35
Relatives: Widower
Mental health: Nothing to remark. Suspected depression.
Physical health: Good
Education: Leadership
Employment: Principal
Other: Destituted and totally broke

Name: Love
Age: 40
Relatives: Wife Marie
Mental Health: Varying
Physical health: Good
Education: Technical education
Employment: Mechanic
Other: Claims that he has to come home with viable sperms or his wife will leave him

Name: Johan
Age: 40
Relatives: Wife Karin
Mental Health: Nothing to remark
Physical health: Good
Education: Police academy
Employment: Police officer
Other: Have two dots in the registry

Name: John
Age: 18
Relatives: Mother and two younger sisters
Mental Health: Precocious
Physical health: Not yet fully developed
Education: Elementary school
Employment: job-seeker
Other: Claims that he is his family's last hope

Name: Måns
Age: 29
Relatives: Husband Tom
Mental health: Nothing to remark
Physical health: Physically fit
Education: Engineer
Employment: Palm&Partners
Other: On the run

Name: Charlie
Relatives: Boyfriend Per
Age: 24
Mental health: Nothing to remark
Physical health: Good
Education: Boarding school
Employment: Duke
Other: Good heredity. Five siblings.

Name: Simon
Age: 31
Relatives: Girlfriend Jennifer
Mental health: Insecure
Physical health: Good
Education: Elementary school
Employment: Self-employed actor
Other: Former child star

Name: Dan
Age: 30
Relatives: Girlfriend Julia
Mental health: Nothing to remark
Physical health: Good
Education: Elementary school
Employment: Cleaning
Other: Have been to jail for 1,5 year for theft
Have been to jail for 1 year for assault

Name: Jens
Age: 38
Relatives: Widower
Mental health: Nothing to remark
Physical health: Backpain
Education: Apprenticeship
Employment: Beef cattle breeding
Other: Free from murder charges

Name: Fredrik
Age: 22
Relatives: Friend Vanja
Mental health: Average
Physical health: Good
Education: Doctor
Employment: None. Asylum seeker
Other: Claims that Nebido is his only way to survival.